Cuyahoga Valley National Park 15610 Vaughn Road Brecksville, OH 44141

www.nps.gov/cuva/ www.dayinthevalley.com/

Cuyahoga Valley National Park Adopt-a-Trail Program

Trail Sweep Schedule – Spring 2007

Do you want to help out in your national park? The Adopt-a-Trail Program is an opportunity for people of all ages to assist the staff of Cuyahoga Valley National Park in maintaining safe and well-groomed trails by joining a group that takes responsibility for one trail. Help "sweep" the trail by picking up litter, trimming branches, clearing culverts, and reporting trail conditions. See the schedule below for more information.

March		April	
3	Pine Grove/Ledges, 10 a.m. to 3 p.m.	3	Salt Run, 9 a.m. to 1 p.m.
6	Salt Run, 9 a.m. to 1 p.m.	4	Lake/Cross Country, 10 a.m. to 1 p.m.
10	Stanford/Brandywine Gorge, 10 a.m. to 1 p.m.	7	Pine Grove/Ledges, 10 a.m. to 3 p.m.
14	Boston Run, 10 a.m. to 1 p.m.	11	Boston Run, 10 a.m. to 1 p.m.
18	Old Carriage, 9 a.m. to 3 p.m.	14	Stanford/Brandywine Gorge, 10 a.m. to 1 p.m.
21	Lake/Cross Country, 10 a.m. to 1 p.m.	28	Plateau, 10 a.m. to 3 p.m.
24	Plateau, 10 a.m. to 3 p.m.		
May		June	
May 1	Salt Run, 9 a.m. to 1 p.m.	June 2	Adopt-a-Trail Workshop, 8 a.m. to 10 a.m.
May 1 2	Salt Run, 9 a.m. to 1 p.m. Lake/Cross Country, 10 a.m. to 1 p.m.		
1	•	2	Adopt-a-Trail Workshop, 8 a.m. to 10 a.m.
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1 2 5	Lake/Cross Country, 10 a.m. to 1 p.m. Pine Grove/Ledges, 10 a.m. to 3 p.m.	2 2 5	Adopt-a-Trail Workshop, 8 a.m. to 10 a.m. Pine Grove/Ledges, 10 a.m. to 1 p.m. Salt Run, 9 a.m. to 1 p.m.
1 2 5 9	Lake/Cross Country, 10 a.m. to 1 p.m. Pine Grove/Ledges, 10 a.m. to 3 p.m. Boston Run, 10 a.m. to 1 p.m.	2 2 5 6	Adopt-a-Trail Workshop, 8 a.m. to 10 a.m. Pine Grove/Ledges, 10 a.m. to 1 p.m. Salt Run, 9 a.m. to 1 p.m. Lake/Cross Country, 10 a.m. to 1 p.m.
1 2 5 9 12	Lake/Cross Country, 10 a.m. to 1 p.m. Pine Grove/Ledges, 10 a.m. to 3 p.m. Boston Run, 10 a.m. to 1 p.m. Stanford/Brandywine Gorge, 10 a.m. to 1 p.m.	2 2 5 6 9	Adopt-a-Trail Workshop, 8 a.m. to 10 a.m. Pine Grove/Ledges, 10 a.m. to 1 p.m. Salt Run, 9 a.m. to 1 p.m. Lake/Cross Country, 10 a.m. to 1 p.m. Stanford/Brandywine Gorge, 10 a.m. to 1 p.m.

Learn how to care for your favorite trail on National Trails Day, June 2, 2007

Celebrate National Trails Day by learning how to "sweep" a trail at the annual Adopt-a-Trail Training Workshop on June 2, 2007. Volunteers of all ages are invited to join Cuyahoga Valley National Park trail maintenance staff and Adopt-a-Trail crew leaders at the Octagon Shelter from 8 a.m. to 10 a.m. for classroom training in how to maintain safe and well groomed trails. Then use your new skills on a trail sweep of the Ledges Trail or the Pine Grove Trail from 10 a.m. to 1 p.m. Wear sturdy shoes and bring a small pack with work gloves, water, and lunch. Dress for the weather. Contact Travis White in the Volunteer Office for more information at (440) 546-5996 or cuva_vip_coordinator@nps.gov.

Blue Hen Falls Trail crew meets at the Blue Hen Falls parking lot off Boston Mills Road. For sweep schedule call Mike Brittain at (330) 865-0794.

Boston Run Trail crew meets at the Happy Days Visitor Center parking lot off SR 303. Call Dave Herbster at (330) 666-2270.

Lake Trail/Cross Country Trail crew meets at Kendall Lake parking lot. Call Joe Hunsberger at (330) 655-7757.

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Old Carriage Trail crew meets at 714 Fieldcrest Court, Sagamore Hills. Call Gene Wimmer at (330) 467-9593.

Pine Grove Trail/Forest Point Trail/Ledges Trail crew meets at the Octagon parking lot off Truxell Road. Call Bill O'Brien at (330) 825-9302.

Plateau Trail crew meets at the Oak Hill Trailhead parking lot off Oak Hill Road. Call Dave Burgan at (330) 678-9028.

Salt Run Trail crew meets at the Pine Hollow parking lot off Quick Road. Call Pete Allison at (330) 725-6097

Stanford Trail/Brandywine Gorge Trail crew meets at the Boston Store parking lot off Boston Mills Road. Call Carol Lewanski at (216) 261-0307.

Are you interested in adopting "your own" trail?

Volunteers are needed to lead new trail sweep crews. Contact your crew leader or Travis White in the Volunteer Office for more information at (440) 546-5996 or cuva_vip_coordinator@nps.gov.